

## WEST CENTRAL BREAKFAST & LUNCH MENU

August 2024

### PK Breakfast Menu

| Monday                           | Tuesday              | Wednesday              | Thursday                       | Friday  |
|----------------------------------|----------------------|------------------------|--------------------------------|---|
| <b>Menu is subject to change</b> |                      |                        | 1                              | 2   |
| 5                                | 6                    | 7                      | 8                              | 9   |
| 12                               | 13                   | 14                     | 15<br>Cereal                   | 16<br>Tornados  |
| 19<br>Bagel / Cream<br>Cheese    | 20<br>Cereal         | 21<br>Pancakes / Syrup | 22<br>Muffin                   | 23<br>Pancake Sausage Stick/Syrup                       |
| 26<br>Banana Bread               | 27<br>Waffle / Syrup | 28<br>Cinnamon Bagel   | 29<br>French Toast Stick/Syrup | 30<br>Breakfast Pizza                                   |
|                                  |                      |                        |                                | <b>Milk is served daily.<br/>Fruit is served daily.</b> |

### K - 12 Breakfast Menu

| Monday                           | Tuesday               | Wednesday             | Thursday                        | Friday  |
|----------------------------------|-----------------------|-----------------------|---------------------------------|---|
| <b>Menu is subject to change</b> |                       |                       | 1                               | 2   |
| 5                                | 6                     | 7                     | 8                               | 9   |
| 12                               | 13                    | 14                    | 15<br>Poptarts                  | 16<br>Tornados  |
| 19<br>Bagels/ Cream<br>Cheese    | 20<br>Nutri-Grain Bar | 21<br>Pancake / Syrup | 22<br>Muffin                    | 23<br>Pancake Sausage Stick/Syrup                       |
| 26<br>Banana Bread               | 27<br>Waffle / Syrup  | 28<br>Cinnamon Bagel  | 29<br>French Toast Stick/ Syrup | 30  |
|                                  |                       |                       |                                 | <b>Milk is served daily.<br/>Fruit is served daily.</b> |

**PK - 12 LUNCH MENU**

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| Menu is subject to change                                    |   |   | 1  | 2  |
| 5  | 6   | 7   | 8  | 9  |
| 12   | 13  | 14  | 15<br>Corn Dogs<br>Mixed Vegetables<br>Mandarin Oranges,<br>Bug Bites<br><b>NO SALAD BAR</b> | 16<br>Breaded Chicken / Bun<br>Cooked Carrots<br>Applesauce<br><b>NO SALAD BAR</b> |
| 19<br>Cheeseburger / Bun<br>Tater Puffs<br>Corn, Apricots    | 20<br>Chicken Strips<br>Peas, Peaches<br>Goldfish                                       | 21<br>Salisbury Steak<br>Mashed Potatoes,<br>Gravy or Butter<br>Cooked Carrots<br>Pears, Roll                         | 22<br>Grilled Chicken / Bun<br>Fresh Broccoli<br>Pineapple                                   | 23<br>Hot Dog / Bun<br>Baked Beans<br>Mixed Fruit                                  |
| 26<br>BBQ Rib Patty / Bun<br>Green Beans<br>Mandarin Oranges | 27<br>Cheesy Bread Sticks<br>Marinara Sauce<br>Corn, Apple Slices<br>Rice Krispie Treat | 28<br>Taco-In-A-Bag<br>Shredded Lettuce &<br>Cheese, Diced<br>Tomatoes, Refried<br>Beans, Salsa, Sour<br>Cream, Pears | 29<br>Maidrite / Bun<br>Cooked Carrots<br>Apricots   | 30<br>Tenderloin / Bun<br>Peas, Pickles<br>Applesauce                              |
|  |   |   |  | <b>Milk is served daily</b>  |